

**Sally Robinson, Director**

Child & Adult Services  
Civic Centre  
Hartlepool  
TS24 8AY

Contact Officer: Health Admin  
Email: [healthadmin@hartlepool.gov.uk](mailto:healthadmin@hartlepool.gov.uk)  
Tel : 01429 293888



8th June 2023

**Private & Confidential**

Dear Head Teacher,

Following on from the last year and all of the challenges that we have all managed, the school nursing team are excited to have the opportunity to continue to offer the bespoke package of support across the town to our children and young people.

Your school has the opportunity to access this package through discussion with your school nurse. The offer includes:

**Primary schools:**

A regular 'drop-in' for parents.

Health promotion sessions including:

- Hand Hygiene, Poisons and 'Clever never goes' which will be delivered in partnership with the schools.
- Dental health / Healthy Eating & Exercise.
- Personal hygiene and Puberty, Drug and Alcohol Awareness, Smoking & Vaping Awareness and Emotional Wellbeing, Coping Strategies and Mindfulness.
- Feelings, Relationships and Emotional Wellbeing that will also support transition to secondary school.

You will find included with this letter, a copy of this academic years offer from the school nursing team spread over three terms which will enable you to book the sessions that fit around your school term plans.

To access the offer please contact your named school nurse on the number above. There are enough sessions for each school to access but they will be booked on a first come first served basis, leaving the bookings too late in the term may result in you being disappointed.

Schools will need to ensure that consent has been gained for any sessions they require consent for.

**Secondary school:**

Each secondary school will be offered a full day each week from the team, this will include half a day seeing young people with the other half day used as follow up for any identified actions. This does however rely on the school having appropriate rooms available and internet connection which will be negotiated by the school nurse with each school.

Please do continue to use the school nurse referral forms for the 'Drop in',

This offer will enable:

- School nursing to carry out health assessment / offer support as required
- The school nurses to offer additional sessions within the school flexibly dependent upon the schools identified issues / needs e.g. Sexual health, emotional wellbeing, risk taking behaviours, self-esteem and healthy relationships etc.
- School nurses will be better placed to support the more vulnerable pupils within the school e.g. those in 'isolation' or removed from main stream learning for whatever reason. This would facilitate appropriate referrals for example to SALT for those children with undiagnosed communication issues
- Transition support with a particular focus on emotional wellbeing.

### **Sixth Form and Colleges:**

Emotional wellbeing, relationships and resilience will be the main focus of the service offer to this age cohort whilst also working on healthy relationships.

The school nurse team will link with the colleges and support:

- 'Fresher's' weeks with support offered dependent upon the other service areas who may be supporting, the offer may include, sexual health, risk taking behaviours and emotional wellbeing

### **Alternative provision:**

A number of children access an alternative form of school provision or are home schooled.

Most children will at one point have been in a school and many will remain on a school register. These children will remain with the school nurse aligned to their original secondary school, supporting continued care for the whole family. All children in an alternative provision will be identified within the teams electronic record and if they have a health need identified they will be supported within the team.

The team are looking forward to working with you.

Yours sincerely  
The School Nursing Team

Inc:  
School Nurse Posters for Primary and Secondary schools  
Primary School Sessions