



Weekly Timetable

nct

Monday	Tuesday	Wednesday	Thursday	Friday
Walk and Talk 10:30am - 12pm Ward Jackson Park		Breakfast Club 9:30-11am online via Zoom	Latch On 9:30-11:00am Rossmere Family Hub	Health Visitor clinic 9:30 -11am Rossmere Family Hub
	Parents in Mind 1-2:30pm The Women's Health Hub, Hartlepool	Health Visitor clinic 1:30-3pm Middleton Grange	Mindful Moments 10- 11:30am Miers Avenue Family Hub	



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